

ST. LAWRENCE SCHOOL NEWSLETTER

September 29, 2011

1020 Carson Avenue, Cinti, Oh, 45205 921-4996 www.stlawrenceparish.org

Principal's Corner

Dear Parents,

Today is the start of our Fast Food Frenzy fundraiser. Please read the information in the parent communication envelope today. If every family would sell five cards we would reach our goal. The students can earn some nice prizes of St. Lawrence spirit wear, and there is a grand of \$100 to the family that sells the most cards! Our sale will end October 14th.

TESTING Starting next week the students in grades 3-8 will be taking the Iowa Test of Basic Skills. This will let us know how our children are doing compared to the rest of the nation. Please help us get our best results by:

- Making sure your child gets a good night's sleep. Children should get at least nine hours of sleep each night.
- Be sure your child gets to school on time. Teachers usually start testing early.
- Give your child a nutritious breakfast. Children cannot do their best if they are hungry.
- Let your child know that this is important and encourage him/her to do his/her best.

ACCREDITATION Every five years St. Lawrence School does a self-assessment to prepare for the accreditation process. Parents, faculty and students fill out surveys to let us know how we are doing. We look at several kinds of data to determine our strengths and weaknesses. Then we will write two goals for our school improvement plan.

I invite you to be part of this process by filling out a parent survey. The survey will be in your parent communication envelope next week.

Since this self-assessment is such a time-consuming process, the state of Ohio allows a school to cancel classes for two days so the faculty can do the work. St. Lawrence will be closed to students on Monday, November 7, 2011. Please mark your calendar. The second day, if needed, will be announced at a later time.

NOTICE FOR FIFTH GRADE PARENTS Remember to come to the Camp Campbell Gard fundraising meeting Tuesday at 5:30 in the cafeteria.

From the Office...

Thank you for your response to my flyer in last week's parent envelope. I realize it can be difficult to share confidential medical information with the school office. But, one Mom to another, thank you for your trust in me.

Please continue to call the office at the numbers given last week to report your child's absence.

If you have not ordered a gym uniform for your student in grades 1-8, please do so immediately. With the exception of a few back orders, all orders have been filled. Your child will be penalized if he/she is not in uniform for gym.

Lastly, the preschool uniform shirts have finally arrived. I now have a supply of children's small polo shirts available for \$12.00 each.

8th Graders- There will be a **Halloween Happening planning meeting TONIGHT**, Thursday, September 29th, at 7:00 PM, in the Assembly Room. All 8th grade students and their parents are to attend.

Girl Scout Meeting for girls in the 2nd, 3rd, and 4th grades will be held next Thursday, October 5th from 6:30-8:00 in Heritage Hall (cafeteria). If you have not registered come and sign up. The cost to join is \$12.00. Hope to see you there! Any questions please call Enid Sunderman at 921-6102.

Final Boys Basketball Sign-Ups for grades 2 to 8 will be held in the new gym on Friday, September 30th from 6-7:30 PM and Wednesday, October 5th from 6-7:30 PM. These will be the final 2 days to sign up!!!

. There is a \$40.00 sports fee due at time of sign-up. Any questions please call John Schlachter at 251-1208.

SERVERS FOR THE WEEKEND OF

October 1 / 2, 2011

Please be in the sacristy ten minutes before Mass

4:30 pm: S Blake, N Hornback

9:00 am: B Brannon, A Hines

11:00 am: P Phan, T Dao

7:00 pm: E Sweet, M Sweet

BINGO WORKERS

Sunday workers please report at 12:30 pm

Tuesday workers please report at 5:30 pm

****100% Smoke-Free Facility!****

Sunday, October 2: Parents of N Dudley, C Jamison,
A Landers, K Lee

Tuesday, October 4: Parents of M Ledonne, H Paxton,
K Scully, J Strawder

2011-2012

IMPORTANT SCHOOL DATES

September 29	LaRosa's & White Castle Fundraisers begin
October 3-21	Iowa Testing for Grades 2-8
October 4	5 th Grade Parent Meeting in cafeteria @ 5:30
October 7	First Friday Mass & Awards
October 7	Grades 7 & 8 to Cathedral
October 12	School Picture Day
October 14	Fast Food Frenzy ends
October 21	NO SCHOOL Teacher In-Service Day
October 26	End of First Quarter
October 28	Halloween Happening

Reminder that all items for the weekly Newsletter must be in the school office or e-mailed to shore@stlawrenceparish.org by 3:00 PM Wednesday.

SCRAP PAPER, which may be used by the school office to run copies for the teachers is always needed. If you know of any persons or businesses that may have usable scrap paper please notify the school office at.

We collect pop tabs to benefit the Ronald McDonald House. Pull those pop tabs off those cans and send them into school with your student. They are weighed throughout the year and the class that brings in the most gets a pizza party.

BoxTops for Education and Campbell's Soup Labels are collected by our school. They can be found on many of the grocery items you already buy. Simply cut them off the carton, package or can and send them into school with your children. These labels are redeemed by the school to get classroom supplies and playground equipment.

Health Hints

from
Ms. D-C, School Nurse

The governments latest "dietary guidelines" which outline what we should be eating says we need to reduce the amount of solid fat (butter/margarine, beef fat) cholesterol (eggs), sugar, salt, fatty meats, and high calorie foods like cookies and cakes. So what is left to eat that tastes great? How about foods like crisp apples, pears and grapes! Cold low-fat or 1% milk goes great with a sandwich. Try to eat less "fast foods" by cooking from "scratch", meals such as tossing whole grain pasta with some tomato sauce, lean chicken and spices. Add dried fruit to unsweetened cereal. Mix plain yogurt with a touch of honey for a great dessert. Crunchy vegetables such as celery, broccoli, and cauliflower taste great dipped in a low-fat ranch dip. Eating healthy can become a way of life simply by stopping to think about what you are putting in your mouth. Try it and you might not only like it but feel better for it!

Elder Panther Football Grade School Night

Grade School Night at the Pit is Friday, October 14, 2011 at 7:00 PM for the Elder/Chatard football game. Students dressed in grade school spirit or team shirts get in free when accompanied by an adult. Visit elderhs.org for more information.

All Ghosts and Goblins save the date as you are invited to the Halloween Happening

on Friday, October 28th from 7-11 PM in the Parish Center. It is being sponsored by the eighth-grade students and promises plenty of tricks and treats!

Education is not a problem. Education is an opportunity.

-Lyndon B.

Johnson